



Research Interest Group Newsletter

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Welcome!

Dear colleagues,

Welcome to the Winter 2024 edition of our medicine residency research newsletter!

This publication is aimed at both highlighting our residents' exciting projects as well as informing trainees and recruits about the scholarly work taking place at Stanford. We define research comprehensively, including scholarly work done in quality improvement, global health, outcomes research, medical education, clinical investigation, translational research, implementation science, qualitative studies, clinical trials, and device/service innovation.

As we transitioned into the new academic year, we have introduced journal clubs and small group dinners to further foster scholarly engagement and collaboration within the residency and beyond. Below are some highlights from an early career faculty panel:



Mentorship Dinner Highlights



On mentorship pyramids

In addition to strong mentors, it is important to identify sponsors and advocates - each play a crucial role in your career development

Mentors provide guidance, advice, and support for your research, clinical practice, and teaching. This is a long-term relationship aimed at both professional and personal development

Sponsors have the influence to recommend you for grants, leadership roles, and speaking opportunities. They help grow your network and promote visibility

Advocates champion your work in key decision-making spaces, ensuring that your contributions are recognized and valued



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On Fs, Ks, Rs, and other grants

F grants are for postdoctoral fellows to support individual training in mentored research

K grants provide early career development opportunities with funding focused on salary support and protected research time

R grants support independent research projects and help cover research costs including personnel and equipment

In addition to NIH funding, specialty societies and foundations will often have awards geared towards young investigators. Always be on the look out for these! Not only will it make the process of writing and applying for grants less daunting, a track record of funding is tremendously helpful for repeat success

Scholarly Work

Congratulations to the following residents for showcasing their research over the third and fourth quarters of 2024! Below are the 54 publications and posters (and likely more not being reported!) that you've told us about and we've found on PubMed from late June to December 2024.

Publications

Anand S, O'Neill-Dee M, Sanchorawala V, Verma A. Light-chain (AL) amyloidosis for nephrologists-treatment standard. *Nephrol Dial Transplant*. 2024 Dec 20;40(1):34-47. PMID:39375844

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Posters

Eliaz A, Juthani P, Galitzer H, Ji Y, Weng Y, Chen S, Pines R, Chavez J, Masinter T, Handler R, Cotter B, Damrose E, Svec D, Vyas A, Shieh L, Ahuja N, Hom J, Hosamani P. The Kindness Coalition: Promoting Interprofessional and Interdepartmental Kindness, Collaboration, and Community Among Healthcare Workers. Poster presented at: 2024 California Northern Region Scientific Meeting; Oct 26-27, 2024; Stanford, CA.

Jove A, Lin C, Hwang JH, Vidhya B, Fernandez-Becker NQ, Huang RJ. Serologic features of autoimmune metaplastic atrophic gastritis: gastrin level as a predictor of gastric neuroendocrine tumor status. Poster presented at: American College of Gastroenterology Annual Scientific Meeting 2024; Oct 25-30, 2024; Philadelphia, PA.

Norman JS, Liang J, Mehta N, Charu V, Kwong A, Calibrating Exception Points for Continuous Distribution: Why Matching HCC to Non-HCC Waitlist Dropout Falls Short. Poster presented at: AASLD The Liver Meeting 2024; Nov 15-19, 2024; San Diego, CA.

Shannon ML, Zhang TY, Muffly L, Mannis GN. Prognostic significance of low copy number FLT3 and NPM1 MRD as detected by ultra-sensitive next generation sequencing. Poster presented at: ASH Annual Meeting; Dec 7-10, 2024; San Diego, CA.

Research Interest Group Leadership

Sulaiman Somani, Chief • **Ishan Paranjpe**, PGY3 • **Yichen Zhang**, PGY2

If you'd like to be more involved with the Research Interest Group, please don't hesitate to reach out to the current and future leaders:

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